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3RD EDITION



Student's Book and eBook

LEAD-IN p6

1 identity **B B C** VLOGS | Who do you take after in your family?

1A	My ID p8	Present perfect simple and continuous	Personality adjectives; suffixes	Weak forms of <i>have</i> and <i>been</i>	
1B	Memory p11	infinitive and <i>-ing</i> forms	Collocations about memory; idioms: memory	Connected speech: chunking: two-part collocations	Read an article about people who never forget
1C	I'd much rather ... p14	How to ... express personal preferences	Emotions and feelings	Word stress: dependent prepositions	Read a travel guide to Lagos
1D	Personality p16	<i>while, whereas</i> and <i>whilst</i>			

UNIT 1 REVIEW p18

2 different worlds **B B C** VLOGS | What impact does social media have on your life?

2A	Real or virtual? p20	Future probability	Science and technology; word families	Connected speech: future probability	Read an article about the future of VR
2B	Closer to nature p23	Quantifiers	Nature	Connected speech: quantifiers	
2C	Amazing lives p26	How to ... speculate	Lifestyle adjectives	Stress to show certainty	Read an article about people with amazing lives
2D	The time traveller p28		Extreme adjectives		

UNIT 2 REVIEW p30

3 showtime **B B C** VLOGS | What live events or performances do you enjoy and why?

3A	Festival p32	Relative clauses	Festivals; the environment	Pitch in non-defining relative clauses	Read three articles about eco festivals
3B	Performers p35	Cleft sentences	Phrasal verbs: performing; phrasal verbs: communication	Emphatic stress	
3C	Binge-watch p38	How to ... use vague language	Film and TV	Linking and elision	Read an infographic about binge-watching
3D	Music lover? p40	<i>do</i> and <i>did</i> for emphasis			

UNIT 3 REVIEW p42

4 lifestyle **B B C** VLOGS | Name one change you could make to your life to improve your health.

4A	Making changes p44	Future continuous and future perfect	Health and lifestyle; illness and treatment	Connected speech: future perfect	Read an article about people making changes to their lifestyles
4B	Sleep p47	Passives	Sleep	Sentence stress: content and function words	
4C	Keep moving p50	How to ... express agreement and disagreement	Exercise; sport: motivation and benefits	Stress in phrases for partial agreement	
4D	Ancient traditions p52		Phrases related to time		

UNIT 4 REVIEW p54

Listen to a podcast about identity	Use a diagram to explain your identity	Write a blog post describing yourself
	Describe a memory FUTURE SKILLS Communication	
	Agree on an itinerary for a day in a city FUTURE SKILLS Collaboration MEDIATION SKILLS create tourist recommendations for your town/area	
B B C Street Interviews about personality	Discuss personality traits	Write a letter of recommendation
	Make predictions FUTURE SKILLS Critical thinking	
B B C Radio <i>Why we should listen to trees</i>	Suggest ways to encourage people to spend time in nature FUTURE SKILLS Leadership	Write a for-and-against essay on the pros and cons of living in the countryside
Listen to a conversation about unusual lifestyles	Speculate about the lives of famous people	MEDIATION SKILLS summarise an informal interview
B B C Programme <i>Doctor Who</i>	Talk about an imaginary trip back in time	Write a competition entry
	Plan an eco-friendly festival FUTURE SKILLS Collaboration	Write a formal email proposing a new festival
Listen to a podcast about stage fright	Practise speaking in public FUTURE SKILLS Self-management	
Listen to a conversation about binge-worthy TV shows	Describe your favourite film or TV series	MEDIATION SKILLS describe a film
B B C Street Interviews about music	Ask and answer questions about the importance of music in your life	Write a forum comment
	Talk about how your life will be different in five years' time FUTURE SKILLS Communication	
B B C Radio <i>The science of sleep</i>	Discuss statements about sleep	Write an article about how to get a good night's sleep
Listen to a conversation about the benefits of exercise	Hold short debates on sports and exercise MEDIATION SKILLS decide how to contribute to an event	
B B C Programme <i>Earth from Space</i>	A discussion about traditional vs. modern lifestyles	Write a cause-and-effect essay

5 work **B B C** VLOGS | Which professions do you admire and why?

5A	First day! p56	Past perfect simple and continuous	Time expressions	Connected speech: past perfect continuous	Read an article about first days at work
5B	Change of plan p59	Past plans and intentions	Work and careers; areas of work	Connected speech: intrusive /w/ sounds	
5C	You're on mute! p62	How to ... describe problems and suggest solutions	Video conference calls FUTURE SKILLS Social responsibility	Intonation to show degrees of certainty	
5D	Are you a team player? p64	Non-defining relative clauses for comments			

UNIT 5 REVIEW p66

6 psychology **B B C** VLOGS | What things do you never find the time to get done?

6A	Pay attention! p68	Necessity, prohibition and permission	Prefixes	Word stress: prefixess	Read an article about avoiding distraction
6B	Quiet p71	Reported orders, requests and advice	Reporting verbs	Consonant clusters	
6C	Here's my advice p74	How to ... ask for advice and give advice tactfully	Collocations with <i>get</i> and <i>take</i>	Pitch for sounding tactful	
6D	Would I lie to you? p76		Fillers		

UNIT 6 REVIEW p78

7 talent **B B C** VLOGS | Do you have any hidden talents?

7A	An unexpected passion p80	Past modals of deduction	Compound adjectives; chance	Connected speech: past modals of deduction	Read an article about an unexpected source of inspiration FUTURE SKILLS Communication
7B	I wish! p83	<i>wish, if only, should have</i>	Idioms: regrets	Chunking in idioms	
7C	Let me explain p86	How to ... describe a process	Phrasal verbs: explaining	Stress in phrasal verbs	
7D	Hard work or talent? p88	adverbials of concession			

UNIT 7 REVIEW p90


8 community **B B C** VLOGS | What does 'community' mean to you?

8A	A new way of living p92	Participle clauses	Collocations with <i>go, have</i> and <i>make</i> ; describing homes and living conditions	Pitch in participle clauses	Read an article about co-living
8B	If the world ... p95	Conditionals with conjunctions	World issues	Stress in conditional sentences	
8C	Online communities p98	How to ... develop an argument	Prepositional phrases	Sounding persuasive	
8D	Second shot p100		Phrases with <i>get</i>		

UNIT 8 REVIEW p102

	Tell an anecdote about the first time you did something FUTURE SKILLS Communication	
B B C Radio <i>Is one career in your life enough?</i>	Discuss a time when your life plans changed	Write a report about broadening young people's career aspirations
Listen to three problematic video conference calls MEDIATION SKILLS agree on a course of action	Practise describing problems and suggesting solutions	
B B C Street Interviews about working in a team	A discussion about working alone vs. in a team	A thank-you message
	Discuss your top three ways to avoid distraction FUTURE SKILLS Self-management	Edit notes to make them more concise
Listen to a conversation about introverts	Take a quiz about introverts and extroverts	
Listen to someone asking for advice	Practise giving advice tactfully	MEDIATION SKILLS add to posts in a thread, building on the advice of other people
B B C Programme <i>Would I Lie to You?</i>	A true or false story	An email giving news
	Speculate about a series of chance events	
Listen to people talking about missed opportunities	Discuss your regrets	Write a personal essay
Listen to someone explaining a recipe	Explain your way of doing something FUTURE SKILLS Communication MEDIATION SKILLS make a concept easier for someone else to understand	
B B C Street Interviews about talent and hard work	A discussion about talents	A social media post
	Discuss co-living spaces FUTURE SKILLS Collaboration	Write a job application letter/email
Listen to a talk about world issues	Discuss hypothetical situations FUTURE SKILLS Creative and critical thinking	
Listen to part of a debate about online communities	Hold a debate about online communities	MEDIATION SKILLS make a discursive argument on a topic
B B C Programme <i>Amazing Humans</i>	A presentation on a project	A mission statement

1 A Read the text. Who is it? Look on page 142 to find out.



Who am I?

I'm one of the most famous British men who ever lived, but my family wasn't famous. My father made gloves! I got married at eighteen and became an actor. My career took off rapidly when I moved to London, but it wasn't acting. If the printing press hadn't been invented, you probably wouldn't have heard of me. People have been reading and watching my works for over four centuries, and some of my plays have been made into well-known films. In 2116, I will have been dead for 500 years.

B Read the text again and find examples of the following.

- 1 a relative clause
- 2 a conditional sentence
- 3 a verb in the present perfect continuous form
- 4 a verb in the future perfect form
- 5 a verb in the past perfect passive form
- 6 a phrasal verb
- 7 an adverb

COMMON ERRORS

2A Correct the mistakes in the questions.

- 1 How long you have been studying English?
- 2 Do you enjoy listening music in English?
- 3 When was the last time you watch a film in English?
- 4 Do you like discussing about current affairs?
- 5 Are you looking forward to learn more English?
- 6 What would you do if you would have unlimited time and money?

B Which mistakes in Ex 2A feature:

- 1 a verb pattern?
- 2 a conditional form?
- 3 word order?
- 4 a verb tense?
- 5 a missing preposition?
- 6 an extra preposition?

C Work in pairs. Ask and answer the questions in Ex 2A.

PRONUNCIATION

3A Match the sentence beginnings (1–10) with the endings (a–j) that rhyme.

- | | |
|-----------------------|------------------------|
| 1 I thought I could | a back on my farm. |
| 2 I stayed although | b and I feel great. |
| 3 She felt so calm | c while in the queue. |
| 4 All that stuff | d the pot of gold. |
| 5 I watch my weight | e they'd all find out. |
| 6 We read the review | f escape this wood. |
| 7 He had no doubt | g felt so rough. |
| 8 When you cough | h I wanted to go. |
| 9 The girl controlled | i that bit of earth. |
| 10 It was worth | j it puts me off. |

B Work in pairs. Think of other words in English that have the same rhymes as 1–10.

VOCABULARY

4A Look at the nouns and noun phrases in the boxes. Which verb do they go with?

do or make?

a choice a fortune a profit business
me a favour notes the laundry your best

take or have?

a chat a course a dream a good time
a relationship an important step
charge your time

B Work in pairs. Say a noun or noun phrase from Ex 4A. Your partner says the correct verb, without looking at the book.

5A Choose the correct prepositions to complete the sentences.

- 1 I get **on / in / up** well with my dad.
- 2 He gave **on / up / in** eating fast food.
- 3 This machine is out **of / in / to** order.
- 4 We'll always keep **in / on / to** touch.
- 5 We arrived **to / by / at** the stadium early.
- 6 We may be late. It depends **of / by / on** the traffic.
- 7 Ken is married **to / with / on** Jan.
- 8 Congratulations **on / for / of** your success!

B Complete the sentences with the correct form of the phrasal verbs in Ex 5A.

- 1 Who do you well with in your family? Why?
- 2 Have you ever anything? What and why?
- 3 How do you with your friends and family?

C Work in pairs. Discuss the questions.




identity 1



VLOGS

Q: Who do you take after in your family?

- 1  Watch the video. Note down the family members that people mention and the characteristics they share.
- 2 Work in pairs. Discuss who you take after in your family. Give examples.

GSE LEARNING OBJECTIVES

- 1A LISTENING** | Understand a podcast about identity: personality adjectives; suffixes
 Talk about your identity: present perfect simple and continuous
 Pronunciation: weak forms of *have* and *been*
 Write a blog post about yourself
- 1B READING** | Read an article about people who never forget: infinitive and *-ing* forms; collocations about memory; idioms: memory
 Pronunciation: chunking: two-part collocations
 Describe a memory
- 1C HOW TO ...** | express personal preferences; emotions and feelings
 Pronunciation: word stress: dependent prepositions
- 1D BBC STREET INTERVIEWS** | Understand street interviews about people's personalities
 Talk about personality traits: *while*, *whereas* and *whilst*
 Write a letter of recommendation

1A My ID

GRAMMAR | present perfect simple and continuous

VOCABULARY | personality adjectives; suffixes

PRONUNCIATION | weak forms of *have* and *been*



VOCABULARY

personality adjectives

1 A Work in pairs and discuss the questions.

- 1 How would you usually describe yourself to someone you have never met before?
- 2 How do you think the factors in the box might influence someone's personality?

the language you speak where you live
your family your life experiences

B Read the article. Does it include any of your ideas?

C Work in pairs and discuss the questions.

- 1 Which ideas in the article do you agree or disagree with? Which do you find surprising?
- 2 Do you feel your personality changes when you speak a different language? In what way?
- 3 What other things do you think can influence your personality?

2 A Complete the meanings with the adjectives in bold in the article.

- 1 If someone doesn't follow the rules, you can say they are being
- 2 When you are interested in learning about new things, you are
- 3 When you have big plans to achieve a lot of things, you are
- 4 If you like to go out with a lot of people and enjoy yourself, you are
- 5 If you smile a lot and feel happy most of the time, you are
- 6 People who often disagree with other people are
- 7 If you're not afraid of going to new places and taking risks, you are
- 8 If you refuse to change your mind about something, you are

B Work in pairs. Describe three people you know using words from Ex 2A. Explain why you chose each word.

C Learn and practise. Go to the Vocabulary Bank.

▶▶ page 136 **VOCABULARY BANK** suffixes

What shapes our personality?

Sarah Logan | Wed 6th Jan | 22.18 GMT

Our experiences have a huge impact on our personalities. The jobs we do, the people we meet, our achievements and disappointments all contribute to the kind of person we are. What other factors might also be important?

Family

A lot of people think that our personality is shaped by the size of our family and our position in it. Some argue that first-born children are more likely to be **ambitious** achievers. Younger children, on the other hand, might be more **rebellious** and willing to break rules. The youngest child of a family is often fun-loving and **adventurous** – always keen to try new things. We can inherit personality characteristics, too, like being **argumentative** or **stubborn**.

Language

Research suggests that the language we speak influences our personality and the way we think. In a recent survey of international students, Gosia, a Polish-born immigrant in the USA, says that when she speaks English, she feels 'more **curious** about the world'. Natasha, who speaks several languages, says that she feels more romantic when she's speaking in Portuguese, more **cheerful** and likely to smile when speaking Italian and more relaxed when speaking in Greek.

Geography

Other studies show that where we live or were born might also influence our lifestyle, our personality and the way that we interact with others socially. People living in warmer climates often see themselves as more sociable and **outgoing**, whilst people from mountainous areas seem to be more open to new experiences.

LISTENING

3A **1.01** | Listen to a podcast on what makes us who we are. Who mentions the following topics? Matteo, Hana or both?

- 1 living in different countries
- 2 enjoying food from a particular country or area
- 3 having a mixed identity
- 4 identifying with a particular type of music
- 5 work experience
- 6 family influence

B **1.01** | Listen again and answer the questions.

- 1 How was Matteo able to get an Italian passport?
- 2 How has Matteo's Italian background influenced his lifestyle?
- 3 Does Matteo feel British? Why/Why not?
- 4 How does Hana feel about the different countries she has lived in?
- 5 Which part of her personality does Hana think she gets from a parent?
- 6 Why does Hana think she is so ambitious and focused on her career?

C Work in pairs. Look at the quotes from the podcast. Are the comments true for you? Can you think of examples?

- 1 '... everything I grew up with – the food, the language, the people – all of that forms a big part of who I am.'
- 2 '... all of these different places [where I've lived] play a part in who I am, far beyond the idea of nationality or belonging to one single place.'
- 3 'Everyone is an individual with different life experiences and different stories to tell.'

GRAMMAR

present perfect simple and continuous

4A Work in pairs. Read each pair of sentences (a and b) and answer the questions (1–6).

- a We've been interviewing people out on the street.
 - b We've had some really interesting replies.
- 1 Which tense focuses on the result of an activity?
 - 2 Which tense focuses on the activity itself?
- a I've lived in lots of different places around the world.
 - b I've been living in the UK for over five years now.
- 3 Which tense answers the question: How many?
 - 4 Which tense answers the question: How long?
- a I've learnt that hard work always pays off.
 - b I've been learning Dutch, but it's really hard!
- 5 Which tense describes a completed action?
 - 6 Which tense describes an activity which is unfinished?

B Learn and practise. Go to the Grammar Bank.

▶ page 108 **GRAMMAR BANK**

PRONUNCIATION

5A **1.02** | weak forms of *have* and *been* | Listen and complete the questions.

- 1 How long living here?
- 2 lived in another country?
- 3 What doing recently?
- 4 How long studying English?

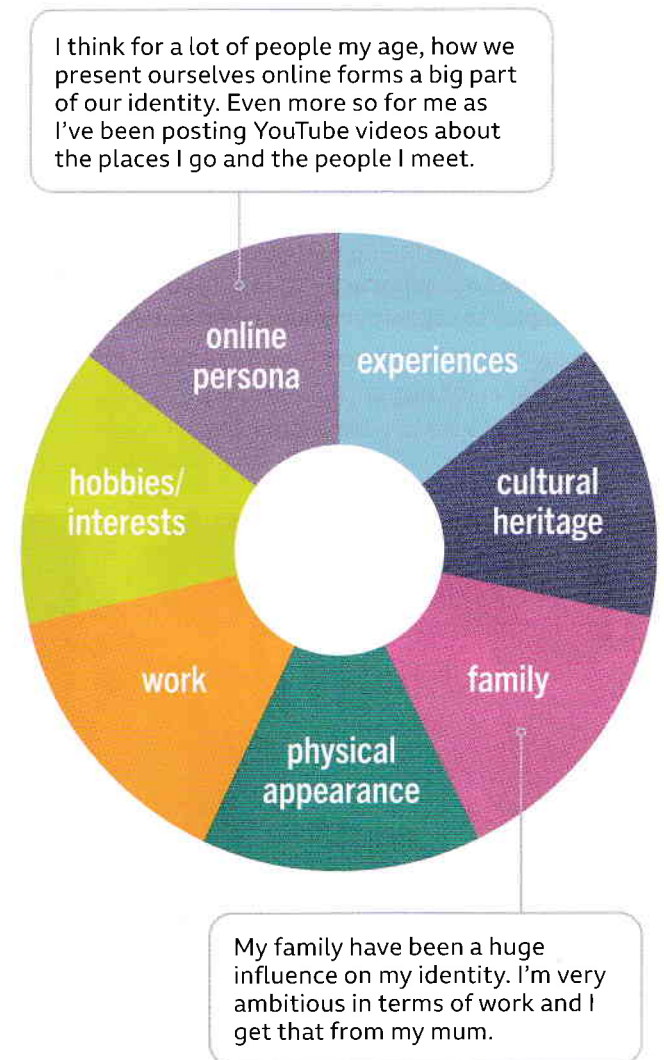
B **1.02** | Listen again. Does the speaker use the strong forms of *have* and *been* (/hæv/ and /bi:n/) or the weak forms (/həv/ and /bɪn/)?

C Work in pairs. Ask and answer the questions in Ex 5A.

SPEAKING

6A Draw a pie chart like the one below to explain what makes you who you are. Make notes about why each part is important.

B Work in groups. Show your charts to each other and talk about the different parts of your personal identity. Whose ideas are similar to yours?



a blog post

7A Read the blog post. What do you learn about Sydney's family background, personality and attitude to work?

B Complete the blog post with Sydney's examples to support her ideas.

- a Recently, I've taken up rock climbing and surfing.
- b I love nothing more than getting together with a big group of friends!
- c I love the Chinese New Year celebrations, and I'm crazy about Asian food!
- d You will often find me working late at night to get the job done.

C Match the sentence beginnings (1-7) with the endings (a-g).

- 1 I would say that I
- 2 In my work, I'm very
- 3 You will often find me
- 4 In my personal life,
- 5 I would like to think
- 6 I love nothing more than
- 7 Recently I've taken up

- a at my desk before anyone else arrives at work.
- b I like to be sociable.
- c that I'm cheerful and friendly.
- d reliable. I will always complete a job I'm given.
- e doing a job to the best of my abilities.
- f work harder than most people I know.
- g skateboarding and I'm really enjoying it.

D Write a *Who am I?* blog post describing yourself. Use the sentence beginnings in Ex 7C to help you, and include examples to support your ideas. Write about:

- your family background and identity.
- your personality and personal life.
- your attitude to work or studying.

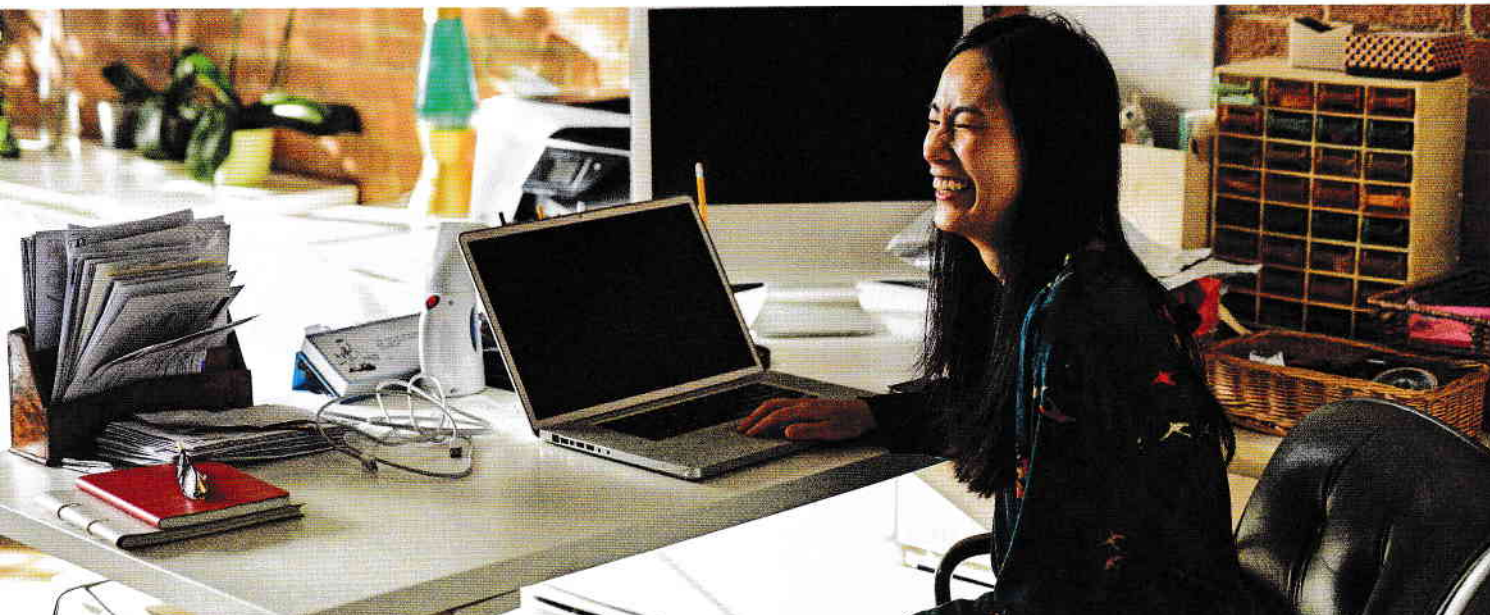
Who am I?



My name is Sydney and I was born in Sacramento, in the USA. My parents are immigrants from China, so I've grown up speaking Mandarin at home but English at school and with my friends. We have family in China so we have always visited regularly. As well as my U.S. identity, I would say that I identify quite strongly with my Asian roots. ¹

In my personal life, I would like to think that I'm quite adventurous. I love trying out new experiences. ² I'm not particularly good at either, but I'm quite stubborn, so I plan to keep going. I'm also outgoing and sociable. ³

In my work, I'm very ambitious. I never settle for anything less than the best and always work hard. ⁴ In terms of my experience, I've been designing websites for over seven years. I co-founded WebDesignSY, an award-winning creative studio. I've designed websites for businesses, charities and individuals. I've also taught several courses in design at the California Institute of Arts and Technology. I love nothing more than thinking of interesting ways to represent you and your brand, so please get in touch.



1B Memory

GRAMMAR | infinitive and *-ing* forms

VOCABULARY | collocations about memory; idioms: memory

PRONUNCIATION | chunking: two-part collocations

GRAMMAR

infinitive and *-ing* forms

1 Work in pairs. Ask and answer the questions.

- 1 Can you remember ...
 - what you were doing on Sunday two weeks ago?
 - the birthdays of all your family members?
 - the last film you saw at the cinema?
 - how you celebrated your birthday two years ago?
 - what your first teacher looked like?
- 2 Do you generally have a good memory or are you forgetful?
- 3 Do you know any special techniques to improve your memory?

2A Work in pairs. Read about seven different ways to remember things. Which do you do already? Which would you like to try? Why?

B Match the phrases in bold in Ex 2A with the rules (1–4).

- 1 We can use an infinitive after the verb *be*.
to write
- 2 We can use an infinitive to express a purpose.
- 3 We use the *-ing* form after prepositions.
- 4 We can use some verbs followed by an infinitive or an *-ing* form, with a change in meaning (four phrases).

C Learn and practise. Go to the Grammar Bank.

▶▶ page 109 **GRAMMAR BANK**

1 When I have to **remember to do** things, I write notes to myself.



2 I like using visualisation – connecting facts to images. It works well for me. I **remember visualising** facts for a test last month and I passed!



3 Before a presentation, I **try to practise** in front of a mirror to make sure I don't forget what I'm going to say.



4 **To keep** a list in my head, I invent songs, which I sing to myself.



5 I heard sleep is good for your memory, so I **tried taking** naps after class.



6 I remember facts **by imagining** I'm in a building. Everything on the list is in a different room and I walk through the rooms.

7 My technique is **to write** a story that uses everything I need to remember.

